

## Health Overview and Scrutiny Committee

### Stroke Pathway Update

**Lynne Kedward**

Service Unit Manager  
Urgent Care and Care Closer to Home

## Recap

### Herefordshire and Powys:

- 2 Consultants – nurses and therapists!
- 5 day TIA clinics
- Acute stroke ward – 12 beds



### Herefordshire Patients:

- Hillside rehabilitation unit – 18 beds
- Community rehabilitation team (3.1 wte)
- (Community Hospitals)

- Split site:
  - Interrupts therapy
  - Medical oversight – rising readmissions
- Long inpatient stays
- Long waits for community rehabilitation
- Lack of psychological therapy
- No stroke survivorship service



## Update on Progress

- Single site solution:
  - Hyper-acute, acute and inpatient rehabilitation (Wye Ward)
  - Consolidation of specialist resources: medical, nursing and therapist
- Networking with another provider:
  - Gloucester confirmed as preferred partner
  - 7 day Consultant review of hyper-acute +/- acute
  - Telemedicine support



## Update on Progress

- Early Supported Discharge – integrated with community rehabilitation and neighbourhood teams
- Workforce
  - Consultants – from 2 to 3
  - Nurses – increase of 17 WTE
  - Therapists – fully recruited
- Training
  - Blended approach

## Update on Progress

- Focus on stroke survivors:
  - Psychologist
  - MDT review at 6 wks, 6 mths and 12 mths
- Role of 3<sup>rd</sup> sector
  - Stroke Association, co-ordination role
- Stroke pathway up to 6 weeks for in-patients:
  - Clear linkages with services for frail older people

# Questions ?

